



Follow-up Report on Student Mental Health Services

May 10, 2012

Fall 2011 Student Headcount

- City College – 18,488
- Mesa College – 24,667
- Miramar College – 12,589
- Continuing Education – 29,280

2011-2012 Student Health Fee Revenue

- City College - \$413,000
- Mesa College - \$657,000
- Miramar College - \$273,000
- Continuing Education – Prohibited by law from charging a fee for health services

Mental Health Services Staff

City College

- 1.0 Full-Time Contract Mental Health Counselor
- .50 Full-Time Adjunct Counselor
- 5.0 Graduate Student Intern/Trainee Volunteers
(no stipend given)

Mesa College

- 45 hours per week Adjunct Psychotherapy

Miramar College

- .60 Mental Health Counselor
- Adjunct Counseling Support

Continuing Education

- None

Hours of Mental Health Services/Week

City College

- 40 hours/week – 1.0 Full-time Contract Mental Health Counselor
- 16.5 hours/week - .50 Full-time Adjunct Counselor
- 84 hours/week – 5.0 Graduate Student Intern/Trainee Volunteers

Mesa College

- 45 hours/week – Adjunct Psychotherapy

Miramar College

- 20 hours/week; including appointments through counseling – .60 Mental Health Counselor
- 5 hours/week – Adjunct Counseling Support

Student Mental Health Contacts/Term

City College

- 1,992 direct clinical contacts for Fall
- 1,900 direct clinical contacts for Spring

Mesa College

- 691 clinical contacts for Fall (including 224 appointments)
- 494 clinical contacts for Spring (including 170 appointments)

Miramar College

- 16 students for Fall (76 appointments)
- 25 students for Spring (37 appointments)

Continuing Education

- 35 mental health referrals
- DSPS counselors refer about 100 students per semester

Mental Health Services Available

All Colleges

- Emergency and crisis intervention/response
- Crisis counseling
- Individual appointments
- Group sessions
- Educational programs
 - Health Fairs/Expos
 - Community Relations
 - Workshops
 - Classroom presentations
 - Seminars
 - Campus events and speakers

City College

- Monitoring high-risk behaviors on campus

Mesa College

- Psychotherapy Medication program

Miramar College

- Coordination of Emergency Response Team
- Veterans Club outreach